

TALKING TO CHILDREN ABOUT BODY SAFETY

TEACH THE DIFFERENCE BETWEEN SURPRISES + SECRETS

Surprises can be fun and make people happy, like giving a present. Secrets, however, can be hurtful. Teach kids that adults should not ask children to keep secrets and the child should tell someone right away.

TALKING ABOUT BODY SAFETY IS NOT A ONE-TIME CONVO

Just as you would discuss other safety rules it's just as important to discuss body safety regularly.

EDUCATE CHILDREN ABOUT PRIVATE PARTS

Explain that private parts are those that are covered by their swimsuit, and it is not ok for someone to touch, look at, or take photos of their private parts. Likewise, a child should not be asked to touch another person's private parts.

TEACH ANATOMICAL NAMES FOR ALL BODY PARTS

Teaching children the correct names for their body parts reduces confusion, embarrassment, and shame.

CHILDREN ARE THE "BOSS" OF THEIR BODIES

Every child has the right to tell anyone "no" and refuse unwanted or uncomfortable affection. A child should never be forced to hug, give affection, or sit on a lap.

TEACH KIDS THAT ADULTS SHOULD NOT ASK KIDS FOR HELP

People may trick a child by asking them to help find a lost pet, give directions, or help carry something. Kids should not agree to do something for an adult without first speaking with a parent/caregiver.

HELP CHILDREN IDENTIFY 3 SAFE ADULTS

Children need a network of safe adults whom they can talk to if they are feeling uncomfortable, worried, or scared.



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